

Are You Harnessing the Law of Specificity?

Most of us have a fuzzy idea of what we want. But if we ask the universe for that probably not much is going to happen. That might mean something like, “I want lots of money.” Well what does that mean. What is lots of money for you? Tell me exactly what you want or need.

The universe needs you to ask for a specific number. Or let's say you want a beautiful new home. Just asking for a new house isn't going to make it. You have to get specific about what you want in that house, how many rooms, what those rooms are and what they're for. You know that when someone is building a house they have an architect create a blueprint for that house which is very specific. Without that blueprint, the house won't be able to be built.

That's what you are doing when you set a goal . You are creating a blueprint for what you want. You can't see the blueprint in the beginning, But whether you realize it or not, you are developing it in the invisible world and at some point when the time is right, it will download and manifest in the material world. That's why you want to be specific about what you want.

To become specific, you want to form a relationship with your goal. Who would you have to be to live this goal? What would that feel like now? Then five sensorize it. What would it sound like, taste like, smell like, look like. Let's say you are building a house for your family. What would it sound like when you pull into the garage with the children playing. What would it look like as you walked through the front door. What would you smell as you walked into the kitchen? Fit it on for size to make sure it is exactly what you want.

You might ask, “How often should I do this?” Well you're dealing with a baby here. How often would you pay attention to and take care of a baby. This isn't something you would do once but over and over. Why? Because you are strengthening your dream in the invisible realm when you live in it every day. It's kind of like drawing a line in the sand. If you do it just once, the line is really light. But if you go and strengthen that line every day, it will get stronger and deeper. You're engraving your dream in the universe so you want it to be strong and powerful.

You are doing another thing as well. As you immerse yourself in your dream, you are strengthening your commitment to it. You are making an emotional decision that you are going to have this, no matter what. That has to happen before the universe can bring you the resources and ideas to bring that dream into reality.

Jim Carrey, movie star, did this when he set the dream to be the first person to make 10 million for starring in a movie. He nurtured that dream and went up on a hill in Los Angeles to envision that dream every day. He achieved that dream and he says to us, “ Don’t give up on your dream because you don’t think it’s possible. You can ask the universe for it. Then take action for it and don’t hold on to how it will come about.”

So ask the universe for your dream and be specific about what you want. Nurture that dream every day, take one step after another towards it, and don’t worry about how it is going to happen. The what is your problem. The how is the problem for the universe.

Summary:

Today we discussed the law of specificity in constructing a dream. What covered what that looks like and how you make it even more specific by living inside it with all your senses. This increases your commitment that you are going to have it no matter what. We talked about connecting with your dream every day to strengthen it in the invisible realm. Finally we discussed the fact that it is your job to come up with the specifics of what you want and to take action towards it. It is the responsibility of the universe provide the how you will get there.